

Natural & Specialty Foods

Field Roast Vegetarian Sausages



Field Roast sausages are made using traditional, old-country, sausage-making practices. We begin, where all sausage lovers begin; with a grind; ours of grain meat. Field Roast chop their own fresh vegetables; eggplant, Yukon Gold potatoes, onions and garlic. Add some liquids; zesty lemon juice, rich red wine from a local winery, organic apple cider vinegar and finally the seasonings; fennel seed, sweet red pepper, rubbed sage, ginger, Chipotle and Chili de Arbol peppers and voila!; an artisan vegan sausage with sizzle, texture and personality!

Italian traditionally seasoned with fresh eggplant, zesty red wine, pungent fresh garlic and plenty of fennel.

Mexican Chipotle a spicy-hot blend of smoked Chipotle peppers, Chili de Arbol peppers, fresh chopped garlic, sweet onions seasoned with cumin seed and oregano

Smoked Apple Sage a unique combination of sweet granny smith apples, savory Yukon Gold potatoes and pungent rubbed sage and ginger.
The above information is from www.fieldroast.com

Brown Family Farms

Maple Butter

Brown Family Farms Maple Butter is made in small batches. Pure Grade A Light Amber Maple Syrup is heated, cooled and patiently stirred to a creamy consistency that spreads like butter. Serve maple butter on toast, English muffins, scones, bagels, and waffles. For a special treat, combine maple butter with cream cheese and spread it on warm crêpes. Roll up the crêpes and drizzle them with maple syrup.

Maple Dollops

No matter how wonderful the waffle – without a dollop, there's no wallop! Not a jelly, not a jam, these tasty all-natural farm-fresh fruit and maple dollops will have you spreading the word! Perfect for dressing up anything from ice cream, waffles, yogurt, oatmeal, bagels, crêpes, toast, pound cake, and more. Say hello to a great new way to add maple to your morning -- or anytime!

The above information is from <http://www.browfamilyfarmmaple.com>



Good Health Half Naked Popcorn
4 oz.

2/\$4 End Aisle 8&9



Garden of Eatin' Multigrain Chips
9 oz. Sea Salt or Everything

2/\$5 End Aisle 4&5



Green & Black's Organic Chocolate Bars
3.5 oz. Assorted Varieties

\$2.69 Aisle 9



Newman's Own Fig Newmans
12 oz. Fat Free, Low Fat or Wheat & Dairy Free

2/\$7 Aisle 1



Amy's Organic Soups
14.1 oz. Assorted Varieties

\$2.19 Aisle 5



Annie's Bunny Grahams
7.5 oz. Honey, Cinnamon or Chocolate

\$2.69 Aisle 1



Muir Glen Organic Pasta Sauce
25.5 oz. Assorted Varieties

\$3.19 Aisle 6



Drew's Dressings
12 oz. Assorted Varieties

\$2.29 Aisle 1



Food For Life Ezekiel Almond Cereal
16 oz.

\$4.59 Aisle 4



Glutino Bagels
22.9 oz. Plain or Sesame

\$4.99 Frozen Aisle

